HAWAIIAN CHICKEN TACOS

FREEZE TOGETHER

- 1 ¼ lbs. boneless skinless chicken thighs
- 2 cups fresh pineapple, finely chopped
- 1 jalapeño, minced (remove ribs/seeds for less heat)
- half of a **red onion**, minced
- 3 cloves garlic, minced
- 1 teaspoon chili powder
- 1 teaspoon cumin
- 1 teaspoon salt
- 1 tablespoon sriracha
- 1 tablespoon yellow mustard

INSTANT POT

SLOW COOKER

Add ¼ cup water before cooking

High Pressure 20 mins

High Setting 4 hrs

Quick release

Thaw ingredients first

FINAL STEP

Shred chicken and serve with slaw tossed with Jalapeño Ranch (search on the blog) in tortillas.

HAWAIIAN CHICKEN TACOS

FREEZE TOGETHER

- 1 ¼ lbs. boneless skinless chicken thighs
- 2 cups **fresh pineapple**, finely chopped
- 1 jalapeño, minced (remove ribs/seeds for less heat)
- half of a **red onion**, minced
- 3 cloves garlic, minced
- 1 teaspoon chili powder
- 1 teaspoon **cumin**
- 1 teaspoon salt
- 1 tablespoon sriracha
- 1 tablespoon yellow mustard



SLOW COOKER

Add ¼ cup water before cooking



Thaw ingredients first

High Pressure 20 mins Quick release

FINAL STEP

Shred chicken and serve with slaw tossed with Jalapeño Ranch (search on the blog) in tortillas.

HAWAIIAN CHICKEN TACOS

FREEZE TOGETHER

- 1 ¼ lbs. boneless skinless chicken thighs
- 2 cups fresh pineapple, finely chopped
- 1 jalapeño, minced (remove ribs/seeds for less heat)
- half of a **red onion**, minced
- 3 cloves garlic, minced
- 1 teaspoon chili powder
- 1 teaspoon **cumin**
- 1 teaspoon salt

High Pre

- 1 tablespoon **sriracha**
- 1 tablespoon yellow mustard

INSTANT POT

SLOW COOKER

Add ¼ cup water before cooking

Pressure 20 mins	High Setting 4 hrs	
Quick release	Thaw ingredients first	

FINAL STEP

Shred chicken and serve with slaw tossed with Jalapeño Ranch (search on the blog) in tortillas.

HAWAIIAN CHICKEN TACOS

FREEZE TOGETHER

- 1 ¼ lbs. boneless skinless chicken thighs
- 2 cups **fresh pineapple**, finely chopped
- 1 jalapeño, minced (remove ribs/seeds for less heat)
- half of a **red onion**, minced
- 3 cloves garlic, minced
- 1 teaspoon chili powder
- 1 teaspoon **cumin**
- 1 teaspoon salt
- 1 tablespoon **sriracha**

INSTANT POT

• 1 tablespoon yellow mustard

SLOW COOKER

Add ¼ cup water before cooking

High Pressure	20 mins	High Setting	4 hrs
Quick release		Thaw ingredients first	

FINAL STEP

Shred chicken and serve with slaw tossed with Jalapeño Ranch (search on the blog) in tortillas.